

# **Health Facts** for you

## **UW HEALTH - ONLINE HEALTH FACT**

### Isoniazid (oral)

#### **About Your Medication**

ISONIAZID (eye-soe-NYE-a-zid) is used to prevent or treat tuberculosis (TB).

Tell your doctor, nurse, and pharmacist if you:

- have allergies;
- are pregnant or plan to become pregnant;
- are breast-feeding;
- are taking any other prescription medicines including birth control pills and blood thinners.
- are taking any over-the-counter medicines such as cold medicines and pain relievers (Tylenol<sup>®</sup>, Advil<sup>®</sup>, Motrin<sup>®</sup>, aspirin)
- have any other medical problems including alcohol use or liver disease.

#### **Take This Medicine:**

- Exactly the way your doctor told you to.
   Do Not stop taking this medicine until you are told to do so, even if you feel better..
- With food or an antacid if it upsets your stomach. Make sure the antacid DOES NOT contain aluminum. As your pharmacist or nurse for help if not sure.

#### WARNING:

 Your doctor may want you to take pyridoxine (vitamin B6) along with this medicine to help prevent or lessen some side effects.

- Call your doctor if you have coughing, wheezing, exercise intolerance, exercisedinduced asthma, decline in lung function, increased sputum NOT caused by a specific disease or medical condition.
- This medicine may cause false urine sugar tests in diabetic patients. Do NOT change your diet or the dosage of your diabetes medicines on your own.
- It is advisable to limit eating foods such as aged cheeses and canned/pickled fish while taking isoniazid. Call your doctor if your blood pressure increases or you have flushing, sweating, dizziness, pounding heartbeat, headaches, chills or diarrhea.
- Do not miss any doses. If you do miss a
  dose of this medicine, take it as soon as
  possible. Skip the missed dose if it is
  almost time for your next regularly
  scheduled dose. Do NOT take two doses
  at the same time.
- Do not share your medicine with others.
- Limit the amount of alcohol you drink while you are taking this medicine to avoid possible liver problems. Alcohol may keep this medicine from working properly.
- Keep this and all other medicines out of the reach of children.
- Visit your doctor regularly.
- Store your medicine in a cool dry place, away from extreme heat or cold..
- If you think you have taken an overdose of

this medicine, check with your doctor.

## Possible side effects of this medicine include:

- Diarrhea
- Stomach pain

# Call your doctor if you have any of these RARE side effects:

- Clumsiness or unsteadiness
- Dark colored urine
- Nausea, vomiting or loss of appetite
- Numbness, tingling, burning, or pain in your hands or feet
- Unusual tiredness or weakness
- Yellowing of eyes or skin
- Blurred vision or loss of vision with or without eye pain
- Seizures
- Fever and sore throat
- Joint pain
- Mood or other mental status changes
- Skin rash
- Unusual bruising or bleeding

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